

# Press Pray Part 1 - Sunday

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March 13, 2022

## How Should We Pray?

### Ephesians 6:18

#### Press Pray, Pt. 1

**Ephesians 6:18**, *And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.*

**Acts 10:2**, *He and all his family were devout and God-fearing; he gave generously to those in need and prayed to God regularly.*

**Matthew 6:5**, *"And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. 6 But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. 7 And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. 8 Do not be like them, for your Father knows what you need before you ask him.*

## How Should We Pray?

### 1) Our Praying Should be RELENTLESS

**Psalms 55:17**, *Evening, morning and noon I cry out in distress, and he hears my voice.*

**Romans 12:12**, *Be joyful in hope, patient in affliction, faithful in prayer.*

### 2) Our Praying Should be SPIRIT-LED

**1 Corinthians 14:15**, *So what shall I do? I will pray with my spirit, but I will also pray with my understanding; I will sing with my spirit, but I will*

*also sing with my understanding.*

**Galatians 5:22**, *But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.*

### **3) Our Praying Should be ATTENTIVE**

**Colossians 4:2**, *Devote yourselves to prayer, being watchful and thankful.*

**Mark 14:37**, *Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Couldn't you keep watch for one hour? 38 Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."*

### **4) Our Praying Should be UNSELFISH**

**2 Timothy 1:3**, *I thank God, whom I serve, as my ancestors did, with a clear conscience, as night and day I constantly remember you in my prayers.*