# Fresh Fruit Part 3 -Sunday

September 18, 2022

Joy!

Galatians 5:22-23

**Galatians 5:22**, But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness and selfcontrol. Against such things there is no law.

**Ecclesiastes 2:26**, *To the person who pleases him, God gives wisdom, knowledge and happiness...* 

#### I Lose My Joy, When I...

#### 1. Go Through Hardships and DIFFICULTIES

**2 Corinthians 1:8**, We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself.

**James 1:2**, *Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance.* 

#### 2. Have Unresolved <u>CONFLICT</u> or Bitterness in My Life

**Philippians 1:17**, *The former preach Christ out of selfish ambition, not sincerely, supposing that they can stir up trouble for me while I am in chains. 18 But what does it matter?* 

**Philippians 1:3**, *I thank my God every time I remember you. 4 In all my prayers for all of you, I always pray with joy 5 because of your partnership in the gospel from the first day until now...* 

## 3. Have Sinned or FAILED

**John 8:10**, Jesus straightened up and asked her, "Woman, where are they? Has no one condemned you?" 11 "No one, sir," she said. "Then neither do I condemn you," Jesus declared. "Go now and leave your life of sin."

**Psalm 51:12**, *Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.* 

## 4. Constantly Compare Myself or ENVY Others

**Luke 15:28**, *"The older brother became angry and refused to go in.* So his father went out and pleaded with him.

**Genesis 37:11**, *His brothers were jealous of him... 19 "Here comes that dreamer!" they said to each other 20 "Come now, let's kill him...* 

## 5. Have Too Much Pride or Selfish AMBITION

**Philippians 2:3**, *Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves,* 

**1 Corinthians 10:23**, *"I have the right to do anything," you say—but not everything is beneficial. "I have the right to do anything"—but not everything is constructive. 24 No one should seek their own good, but the good of others.* 

## 6. Have Too Much Anxiety or WORRY in My Life

**Philippians 4:6**, *Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.* 

**Philippians 4:11**, *...I have learned to be content whatever the circumstances. 12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or* 

in want. 13 I can do all this through him who gives me strength.

**Proverbs 10:28**, *The prospect of the righteous is joy, but the hopes of the wicked come to nothing.*