

Fresh Fruit Part 10

- Sunday

November 6, 2022

Self-Control!

Galatians 5:22-23

Galatians 5:22, *But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.*

Titus 2:11, *For the grace of God has appeared that offers salvation to all people. 12 It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age...*

Titus 2:2, *Teach the older men to be temperate, worthy of respect, self-controlled... 6 Similarly, encourage the young men to be self-controlled. 7 In everything set them an example by doing what is good.*

Haggai 1:5, *Now this is what the LORD Almighty says: "Give careful thought to your ways. 6 You have planted much, but harvested little. You eat, but never have enough. You drink, but never have your fill. You put on clothes, but are not warm. You earn wages, only to put them in a purse with holes in it." 7 This is what the LORD Almighty says: "Give careful thought to your ways."*

1. Why Live Self-Controlled Lives?

- Self-Control Makes Me More EFFECTIVE in My Faith

2 Peter 1:5, *For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; 6 and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; 7 and to godliness, mutual affection; and to mutual affection, love. 8 For if you possess these qualities in increasing*

measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.

- Lacking Self-Control Leaves Me Open to ATTACK

Proverbs 25:28, *Like a city whose walls are broken through is a person who lacks self-control.*

2. How Can I Live a More Self-Controlled Life?

- Make a List of the Area(s) You LACK Self-Control

James 1:14, *...each person is tempted when they are dragged away by their own evil desire and enticed. 15 Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.*

Romans 12:9, *...hate what is evil; cling to what is good.*

- Identify the Temptations That Lead to Your FAILURE

1 Corinthians 10:13, *No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.*

Genesis 4:7, *If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."*

- Develop a Plan for the Next Time You Are TEMPTED

Proverbs 16:3, *Commit to the LORD whatever you do, and he will establish your plans.*

Proverbs 21:5, *The plans of the diligent lead to profit as surely as haste leads to poverty.*

Hebrews 12:11, *No discipline seems pleasant at the time, but*

painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

- Surround Yourself with Good People Doing GOD'S WORK

Hebrews 10:23, *Let us hold unswervingly to the hope we profess, for he who promised is faithful. 24 And let us consider how we may spur one another on toward love and good deeds, 25 not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more...*

1 Corinthians 15:58, *Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.*