

Finding Calm In the Age Of Outrage

August 2, 2020

Finding Joy In An Angry World! Pt. 1

Psalm 37:1-4

Lamentations 3:10, *Like a bear lying in wait, like a lion in hiding, 11 he dragged me from the path and mangled me and left me without help. 12 He drew his bow and made me the target for his arrows. 13 He pierced my heart with arrows from his quiver. 14 I became the laughingstock of all my people; they mock me in song all day long... 17 I have been deprived of peace; I have forgotten what prosperity is. 18 So I say, "My splendor is gone and all that I had hoped from the LORD."*

Why So Much Rage?



Psalm 37:1, *Do not fret because of those who are evil or be envious of those who do wrong; 2 for like the grass they will soon wither, like green plants they will soon die away. 3 Trust in the LORD and do good; dwell in the land and enjoy safe pasture. 4 Take delight in the LORD, and He will give you the desires of your heart.*

How To Have Joy In An Angry World:

1. Do Not Work YOURSELF UP

Psalm 37:1, *Do not fret because of those who are evil...*

Working Yourself Up Does Three Things:

- It Makes Your Problems BIGGER
- It Ruins Your Good RELATIONSHIPS
- It Compromises Your WITNESS

2. Don't Be Envious When The Unrighteous SEEM TO WIN

Psalm 37:1, *...or be envious of those who do wrong. 2 For like the grass they will soon wither, like green plants they will soon die away.*

Psalm 37:25, *I was young and now I am old, yet I have never seen the righteous forsaken...*

3. Grow Your Confidence In GOD

Psalm 37:3, *Trust in the LORD and do good; dwell in the land and enjoy safe pasture.*

How To Show Your Confidence In God:

- Righteous THINKING

Psalm 37:31, *The law of their God is in their hearts; their feet do not slip.*

- Righteous SPEAKING

Psalm 37:30, *The mouths of the righteous utter wisdom, and their tongues speak what is just.*

- Righteous ACTIONS

Psalm 37:27, *Turn from evil and do good; then you will dwell in the land forever.*

4. Connect Your Joy With God And Not This ANGRY WORLD

Psalm 37:4, *Take delight in the LORD, and He will give you the desires of your heart.*

Lamentations 3:22, *Because of the LORD's great love we are not consumed, for His compassions never fail. 23 They are new every morning; great is your faithfulness. 24 I say to myself, The LORD is my*

portion; therefore I will wait for Him.” 25 The LORD is good to those whose hope is in Him, to the one who seeks Him; 26 it is good to wait quietly for the salvation of the LORD.