

Maintaining Your Focus

October 11, 2020

Rebuilding A Life That Matters, Pt. 6

Nehemiah 9:1, ... *the Israelites gathered together, fasting and wearing sackcloth and putting dust on their heads.*² ... *They stood in their places and confessed their sins and the sins of their ancestors.*³ *They stood where they were and read from the Book of the Law of the LORD their God for a quarter of the day, and spent another quarter in confession and in worshiping the LORD their God.* ⁴ ... *They cried out with loud voices to the LORD their God.* ⁵ *And the Levites...said: "Stand up and praise the LORD your God, Who is from everlasting to everlasting."*

How To Maintain Your Spiritual Focus:

1) Confess Your Sins REGULARLY

1 John 1:9, *If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.*

2) Read God's Word DAILY

Romans 15:4, *For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope.*

Psalms 119:105, *Your Word is a lamp for my feet, a light on my path.*

3) Worship God ONLY

Luke 4:8, *Jesus answered, "It is written: 'Worship the Lord your God and serve Him only.'"*

Psalms 95:6,* *Come, let us bow down in worship, let us kneel before the LORD our Maker;**

Exodus 20:3, *"You shall have no other gods before Me.*

4) Praise God And Others CONSISTENTLY

Psalm 145:2, *Every day I will praise You and extol Your name for ever and ever. 3 Great is the LORD and most worthy of praise; His greatness no one can fathom. 4 One generation commends Your works to another; they tell of Your mighty acts. 5 They speak of the glorious splendor of Your majesty—and I will meditate on Your wonderful works. 6 They tell of the power of Your awesome works— and I will proclaim Your great deeds. 7 They celebrate Your abundant goodness and joyfully sing of your righteousness. 8 The LORD is gracious and compassionate, slow to anger and rich in love. 9 The LORD is good to all; He has compassion on all He has made. 10 All Your works praise You, LORD; Your faithful people extol You.*

Psalm 150:1, *Praise the LORD. Praise God in His sanctuary; praise Him in His mighty heavens. 2 Praise Him for His acts of power; praise Him for His surpassing greatness. 3 Praise Him with the sounding of the trumpet, praise Him with the harp and lyre, 4 praise Him with timbrel and dancing, praise Him with the strings and pipe, 5 praise Him with the clash of cymbals, praise Him with resounding cymbals. 6 Let everything that has breath praise the LORD. Praise the LORD.*

5) Obey God PURPOSEFULLY

Nehemiah 9:16, *“But they, our ancestors, became arrogant and stiff-necked, and they did not obey your commands. 17 They refused to listen and failed to remember the miracles you performed among them...*

Matthew 28:18, *Then Jesus came to them and said, “All authority in Heaven and on earth has been given to me. 19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”*

6) Repeat This Process CONSTANTLY

Nehemiah 9:38, *“In view of all this, we are making a binding agreement, putting it in writing, and our leaders, our Levites and our priests are affixing their seals to it.”*