



Elevate Volleyball Club

Players Expectations & Code of Conduct

Respectful Behavior

Elevate is committed to cultivating a safe and productive sports environment and a culture of respect. As a member of Elevate Volleyball Club, a high level of sportsmanship and responsibility is expected of you.

We take pride in being ambassadors for our organization and our community whenever we are at a gym — home or away.

We expect all our players and coaches to demonstrate respect for:

- Themselves;
- Their teammates;
- Their coaches;
- Parents;
- Volunteers;
- The game and all its rules;
- Opponents;
- Referees;
- Any facility we occupy, especially our gym
- Our equipment (both personal and club equipment);

Examples of respectful behavior expected of Elevate players include (but are not limited to):

- Players picking up garbage in the gyms and being respectful towards facility staff;
- Players not complaining about referee calls either verbally or via body language;
- Players demonstrating moderation in celebrating points scored in blowout games;
- Players making eye contact with their coaches and listening when the coach is speaking;
- Players refraining from the use of foul language, bad attitudes, and gossiping.

Practices

Elevate players are expected to always be prepared for practices and to put in consistent effort in order to better themselves and their team.

Practice preparedness includes:

- Wearing the correct assigned practice shirt;
- Bringing all of your personal gear to the gym;
- Arriving early to practices at the time your coach has assigned;
- Helping set up your practice court;
- Stretching before your practice begins.

Tournaments

Elevate players are expected to follow the guidelines set by the organization and by their coaches while attending local and travel tournaments.

Elevate guidelines for tournaments include:

- Arriving at the time set by your coach;
- Having all jerseys in your bag in case of an emergency;
- Practicing healthy eating habits;
- Staying at the tournament facility until your coach has dismissed you;
- No arguing about working assignments (i.e. scoring, line judging, libero tracking);
- Players remaining together as a team during off matches;
- Keeping track of team volleyballs if they are being used during warmups.

Communication

Elevate players are expected and encouraged to have an open line of communication with their coaches. Communication is the key to a successful team and coach relationship. Players should not rely only on their parents to communicate for them in instances of practice/tournament attendance, team/coach conflict, or playing time.

Players are expected to communicate with their coaches (not their teammates) if they are running late to or will miss a practice or a tournament. It is encouraged that all teams set up a team communication system (i.e., Group Me) when specific team communications can happen quickly.

Appropriate conversation topics include, but are not limited to:

- Practice absences related to school as early as possible;
- If you will be late or will miss practice for any reason;
- Areas of personal skill development;
- Personal roles or responsibilities;
- How to handle confrontation with a teammate;
- Any time an injury or possible injury happens.

Zero Tolerance

There is zero tolerance for drugs, alcohol, bullying, abuse or vandalism. Zero tolerance means that behavior involving any of the above will not be tolerated at any event and will be immediately sanctioned.

Zero Tolerance Notification

Any occurrence must be immediately reported, and Directors must be immediately advised should incidents occur involving drugs, alcohol, bullying, abuse or vandalism. (See Reporting Procedures below.)

Zero Tolerance for Bullying, Harassment and Abuse

Bullying, Harassment and Abuse: any player, team official, parent or volunteer caught or suspected of bullying, harassment or abuse of any member or guest of Elevate will be automatically suspended

indefinitely pending review by the Elevate Directors. Any infraction may cause the Directors to expel a player, team official, contractor, parent or volunteer from the association with no refund of fees or remuneration. Elevate fully supports and enforces SafeSport and Zero Tolerance Policies:

- All players must make a personal commitment to the principles of Fair Play, Respect and Integrity and are required to abide by the USA Volleyball Player Code of Conduct.
- Elevate Volleyball fully adopts zero tolerance of harassment and abuse in volleyball both on and off the court. Anyone involved in bullying, abuse or harassment will be suspended. This includes cyberbullying and misuse of social media.

Zero Tolerance for Cyberbullying

Cyberbullying is the use of any electronic communication device to convey a message in any form (text, image, audio or video) that defames, intimidates, harasses or is otherwise intended to harm, insult or humiliate another in a deliberate, repeated or hostile and unwanted manner under a person's true or false identity.

In addition, any communication of this form that disputes or prevents a safe and positive environment may also be considered cyberbullying. Any player, team official, parent or volunteer caught or suspected of cyberbullying of any member of Elevate Volleyball, as well as opposing teams, players, or clubs will be automatically suspended indefinitely pending review by the Directors. Any infraction may cause the Directors to expel a player, team official, parent or volunteer from the association with no refund of fees or remuneration.

Zero Tolerance for Alcohol, Vaping, Controlled Drugs and Substances

Elevate Volleyball Club is unequivocally opposed to illegal drug and alcohol use and is sincere in its duty to uphold the law regarding possession of a minor. Elevate is similarly opposed to the use of banned and restricted substances for the purpose of performance enhancement.

Players

There is NO tolerance for vaping, drugs and or/alcohol usage by Elevate Volleyball Players.

1. Vaping or smoking: any player caught or suspected of vaping or smoking of tobacco, cannabis, or any other combustible substance at any facility will be automatically suspended for two matches. Any subsequent infraction will cause the player to be expelled from the club with no refund of fees.
2. Alcohol: any player caught or suspected of drinking alcohol will be automatically suspended for one full tournament. Any subsequent infraction will cause the player to be expelled from the club with no refund of fees.
3. Any player attending a team practice, event or game suspected of being under the influence of alcohol, marijuana or other drugs will be suspended indefinitely and possibly expelled from the club without refund at the discretion of the Executive Director.

Reporting Procedures Expectations:

- Any person witnessing the above incidents has a duty to report.
- The coach informs the parent of the incident and asks direction from the parent on the removal of the player from the coach's care.
- The coach has the authority to remove a player from team activities.
- Regardless of removal from activity, the coach continues supervisory duties until the player is released from the coach's care by the parent or guardian.

- The coach informs the authorities should the incident warrant criminal investigation.
- The coach documents the incident.
- The coach forwards this documentation for filing/action with the Club.
- The coach ensures that reports and specific circumstances are kept within the parent and Club-constituted process. At no time are any proceedings made public.
- One or more members of the coaching/director staff shall meet, as soon as practical, with the player and a parent to review the reasons for the removal from activity.
- Suspension of the athlete is at the direction of the Club.
- If the decision is to seek suspension, the coaching staff, as soon as practical, informs the player and a parent and refers the matter to the Club. Should this happen, the process follows the suspension procedure of the Club.

Health and Safety Protocols

Elevate players are required to adhere to the most current Health & Safety protocols put in place by Elevate VBC.

Player Signature

Date

Elevate Director Signature

Date