



Dear Parent:

One of the core values of Cottonwood Creek Baptist Church is that God designed the family as the primary place for discipleship. The Faith Path initiative exists to partner with you as you guide your child's spiritual journey, one step at a time. Age appropriate kits have been created to help you leverage the best faith formation strategy for your child's stage of development. In this *Preparing for Adolescence* kit you will find practical ideas and suggested resources to help you guide your child through upcoming changes. I urge you to start today by taking the following simple steps.

STEP ONE: LEARN

We have included a short video on DVD that explains this particular Faith Path step (this video is also available on our website). You will hear from both experts and ordinary families as they describe the importance of preparing your child for adolescence and share practical suggestions from their experiences. Also enclosed is a guide that offers practical tips and what we consider the best resources on the topic.

STEP TWO: START

To help make the process easier, this kit includes a two-part audio titled *The Talk*. We've also provided a *Frequently Asked Questions* summary from parents of early adolescents. If you would like more information on the next *Preparing for Adolescence* class or the Amazing U Event, please contact Laura Barron at laura.barron@cottonwoodcreek.org or at 972-359-7777 ext. 5021.

If your child is registered with us, you will receive emails on select future birthdays with information about other Faith Path opportunities that are appropriate for your child's spiritual journey.

I hope you find this kit helpful in the process of forming the faith of your child. Feel free to visit cottonwoodcreek.org/faith-at-home to learn more or to determine if your child/children are ready for other Faith Path steps.

Blessings!

A handwritten signature in black ink, appearing to read 'Justin Frazier'.

Justin Frazier
Associate Pastor

Cottonwood Creek Baptist Church

"Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates." Deuteronomy 6.5-9

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