

# Thanksgiving

## Thankful Pumpkin

### Best Use

As an activity for the fall season as Thanksgiving approaches.

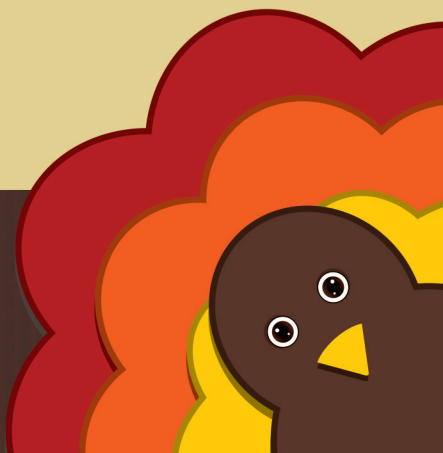
### Nutritional Value

Prepares the family for Thanksgiving by reflecting together on how God has blessed them.

### Advance Preparation

Make sure you have the following on hand.

- A medium pumpkin, either a smooth decorative one or a real one
- Permanent markers
- A Bible



## Serve It Up

Follow these steps for a great experience:

1. Place the pumpkin in the middle of the dining table where the family regularly gathers. Have the markers available.
2. Write "We are thankful for..." on the pumpkin.
3. Take turns writing all the things you are thankful for. Have an older child or adult write for a younger child if needed. This can be a one night activity or one that can be added to over the season.
4. Incorporate the Bible by finding verses on gratitude to write on the pumpkin.

Examples:

Colossians 3:17

1 Thessalonians 5:18

Psalms 107:1