

Freedom in Christ

Materials: tape and sharpie

Let's see what Freedom in Christ looks like.

Have everyone make a fist with their right hand. As you wrap a band of tape snugly around their closed fist securing their fingers and thumb so they can't move.

We do not have the freedom to do whatever we want. Doing only what we want keeps us stuck in sin. Just as this tape keeps us from opening our hand up, sin keeps us from worshiping God, and from living free from guilt.

Write the word "sin" all around the tape as you explain: **Without Christ, we are bound as slaves in our sin. What sins—those things you think, say, or do that do not please God—make you feel bad about yourself or give you the desire to hide what you did?**

Open your fist and shake my hand. Because of sin (the tape) you cannot shake my hand. Nor can you lift an open hand to praise God.

When we trust in Christ, God breaks the power of sin in our lives. As you say this, break the tape with your fingers to set their hand free, but leave the tape stuck to the back of their hand. Even though Jesus gives us freedom from the power of sin, sin remains a part of our lives.



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