

HOW TO MAKE A “NO SEW” FLEECE BLANKET

FOR THE CREEK CANCER CARE MINISTRY

STEP 1: Use TWO 2-yard pieces (4 yards total) of *BLIZZARD* or *ANTI-PILL Fleece* (Found at JoAnn Fabric). No juvenile/kids print.

STEP 2: PLEASE create in a clean, animal hair-free environment – this is very important!

WHY? Cancer patients can have little to no immune system and be extra sensitive to perfumes, oils, animal dander and hair, etc.

STEP 3: Cut off the Selvage.

Selvage is the edge that has writing and fabric info, that is curled and/or has a distinct unattractive edge.



Selvage Edge Curls In Toward “Right Side”! →



STEP 4: With Right Sides OUT- Layout Flat, Line up Edges and Smooth Out the two fabrics.

- Anti-Pill Fabric Solids are FUZZY on the right side and smooth on the wrong side.
- Anti-Pill Prints will be more distinct on the right side.
- Blizzard fabric is FUZZY on both sides

STEP 5: After cutting off the Selvage - Trim the two pieces so that they are the same size.

STEP 6: Cut a 4-inch square from each of the four corners.

STEP 7: Cutting the Fringe: 1. Cut through both layers of fabric at the same time.
2. Fringe pieces should be the width of a ruler.
3. Cut in 4 inches from the edge.

Step 6 & 7 Recommendation:

Lay a yardstick across the fabric, or use painters' tape, to mark 4 inches from the edge so that you know how far in to make your cut.

STEP 8: Tying the knot: 2 options



← **Balloon Knot:** Tie them just like you would if tying off a balloon!
This knot allows the blanket to lie flat.

→ “Shoe Lace” **Double Knot:** You can also tie a knot like you would make with a shoe lace. These Knots must be tied 2x per fringe!!



All knots should be snug next to the edge of the blanket, but not too tight that the blanket is pulled into the knot.

STEP 9: Give a gentle tug on each knot, away from the blanket, to make it taut and, with each tug, **Pray for the Cancer Patient** who will receive this blanket ♥

STEP 10: Trim the fringe edges to for an even and clean look.

STEP ♥: Write A (legible) Note, Words of Encouragement, Scripture and/or Blessing to the Cancer Patient who will receive this blanket.

TADA! Return the completed blanket with **Personal Note** to the Mission Wall by the **LAST SUNDAY IN OCTOBER!**

Thank you for being a blessing!

For more information: <https://cottonwoodcreek.org/ministries/care-ministries/care-groups/cancer-care/>