

# HOW TO MAKE A “NO SEW” FLEECE BLANKET

**STEP 1:** Use *TWO* 2-yard pieces (4 yards total) of **BLIZZARD** or **ANTI-PILL** fleece (found at JoAnn Fabric). No juvenile/kids print.

**STEP 2:** Please create the blanket in a, animal hair-free environment – **this is very important!**  
*WHY?* Cancer patients can have little to no immune system and can be extra sensitive to perfumes, oils, animal dander and hair, etc.

**STEP 3:** Cut off the **selvage**.



**Selvage** is the edge that has writing and fabric info, and it is curled and/or has a distinct, unattractive edge.

*The selvage edge curls in toward the “right side.”*

**STEP 4:** With **right sides OUT** - Lay the fabric out flat, line up the edges and smooth out the two fabrics.

- Anti-Pill fabric solids are *FUZZY* on the right side and smooth on the wrong side.
- Anti-Pill prints are more distinct on the right side.
- Blizzard fabric is *FUZZY* on both sides

**STEP 5:** After cutting off the selvage, trim the two pieces so that they are the same size.

**STEP 6:** Cut a 4-inch square from each of the four corners.

**STEP 7:** Cut the fringe.

1. Cut through both layers of fabric at the same time.
2. Fringe pieces should be the width of a ruler.
3. Begin cutting 4 inches from the edge.

**Step 6 & 7 Recommendation:** Lay a yardstick across the fabric or use painter's tape to mark 4 inches from the edge so that you know how far in to make your cut.

**STEP 8:** Tie the knots. Below are two options:



**Balloon Knot:** Tie them just like you would if tying off a balloon! This knot allows the blanket to lie flat.



**“Shoe Lace” Double Knot:**  
You can also tie a knot like you would make with a shoe lace. **These Knots must be tied 2x per fringe!!**

All knots should be **snug** next to the edge of the blanket but **not so tight** that the blanket is pulled into the knot.

**STEP 9:** Give a gentle tug on each knot, away from the blanket, to make it taut. With each tug, pray for the cancer patient who will receive this blanket.

**STEP 10:** Trim the fringe edges for an even and clean look.

**STEP 11:** Write a (legible) note, words of encouragement, a scripture and/or blessing to the cancer patient who will receive this blanket.

**RETURN** the completed blanket with your personal note to the Mission Wall by the **last Sunday in October!**

*Thank you for being a blessing!*