

1st- 5th Grade Small Group Lesson

Session Title: Love in Action

Bible Passage: 1 John 3:16-18

Main Point: When we serve, we put love in action.

Key Passage: 1 John 3:18

Christ Connection: Jesus is our ultimate example of showing love in action by dying on the cross to pay our debt. Because of His great love for us, may we serve those around us in a loving action, too.



“Dear children, let us not love with words or speech but with actions and in truth.”

1 John 3:18

Activity

Materials: Notecards & pens/markers

Give each person a notecard and a pen/marker. Let the group know this is an individual task. Think of a time you showed love in action, or you received an act of love, and write it on the notecard. Once everyone has had a couple of minutes to think of an answer and write it down, take the cards and mix them up. Read each card one at a time

- **Would you like to have someone serve you in this way?**
- **Do you think this would be considered a loving act for someone else?**
- **If you have served someone or been served, what was that experience like?**

Praying for someone, sending a card in the mail, cleaning up someone’s yard, or taking out their trash, making a meal, these are some ideas on how we can serve others. Below is a FAMILY SERVICE PROJECT page for you and your family to see how many you can check off. Serving with others is so much more fun and creates amazing memories.

Organizations with Serving Opportunities for the whole family:

<https://www.gracebridge.us/> (Grace Bridge)

<https://www.fmssc.org/> (Feed My Starving Children)

<https://www.mealsonwheelscc.org/> (Meals on Wheels)

<http://www.weevolunteer.org/> (Wee Volunteer)

<https://www.saminn.org/> (Samaritan Inn)

<https://friscofamilyservices.org/> (Frisco Family Services)

FAMILY SERVICE PROJECTS

- Make cards for nursing home residents
- Clean up litter at the park
- Have a garage sale & donate proceeds
- Volunteer at animal shelter
- Crochet a sleeping mat for a homeless person
- Take care of backyard wildlife
- Have a bake sale to raise money for charity
- Bring flowers to a neighbor
- Invite people over for dinner
- Donate your hair to Pantene's Beautiful Lengths
- Write letters to grandparents
- Deliver baked goods to neighbors
- Leave treats/notes for the postal worker
- Bring the trash men cold drinks
- Donate games to the shelter
- Volunteer at the food pantry
- Organize a board game event at the nursing home
- Donate food to the food pantry
- Bring fresh picked bouquets of flowers to nursing home residents

*For more in-depth explanations, please visit www.FishbowlFamily.com

- Organize monthly birthday parties at the nursing home
- Donate children's books
- Make a bouquet for your child's teacher
- Bury "treasure" at the park
- Help clean teacher's classroom
- Make treats for animal shelter
- Write thank you notes to caregivers at the nursing home
- Ring the Salvation Army bell
- Donate coloring books & crayons to the ER
- Write thank you notes to coaches, teachers, etc.
- Do yard work for neighbors
- Plan a spa day at the nursing home
- Babysit for a struggling family
- Pull your neighbor's trashcans back to their house on trash day
- Adopt "grandparents"
- Deliver baked goods to the shelter
- Deliver treats to city workers
- Write on a friend's driveway
- Organize a food drive for the pantry
- Mail a card to a soldier