

1st-5th Grade Lesson



Session Title: Heroes of Faith

Bible Passage: Hebrews 11:1-12:2

Main Point: The Bible tells us about people who lived by faith.

Key Passage: 2 Corinthians 5:17

Big Picture Question: Who changes us? The Holy Spirit changes us to be like Jesus for God's glory.

Christ Connection: *The Bible gives examples of people who had faith, but the true hero of the Bible is Jesus. Jesus looked forward to the joy that would come because of the cross. Because of Jesus, the things the faithful people in the Bible looked forward to will come true. We know that Jesus will come back one day because God always keeps His promises.*

Bible Story Review & Bible Skills

Materials- Paper and pen/pencil

1. Invite the group to open their Bibles to the Table of Contents
2. Have them find the book of Hebrews and open their Bibles to Hebrews 11:1-12:2

Give each person a piece of paper and pen or pencil. Have the group write the letter T on one side of the paper and F on the other side of the paper. Instruct the group to hold up the side of the paper with the letter T every time you read a statement that is true. When the statement is false, they will hold up the side of the paper that has the letter F. After each false statement, ask for a volunteer that chose false to explain why or what was false about that statement.

Statements:

- **Faith is hoping for something you know can never happen.** (*False, it is being certain of something you hope will happen; Heb. 11:1*)
- **Noah built the ark because of his faith in God.** (*true, Heb. 11:7*)
- **Sarah had a son because she had faith in God.** (*true, Heb. 11:11*)
- **Rahab welcomed the spies into Jericho even though she had no faith.** (*False, she had faith; Heb 11:31*)
- **Faith always made life easier for people.** (*False, many people suffered for their faith; Heb. 11:36-37*)
- **Jesus is the source of our faith, and our faith is made perfect in Him** (*true, Heb. 12:2*)

Faith Obstacle Course Activity

Materials - 2 bandanas (any material that can cover your eyes)

Position 2 or 3 chairs approximately 4 feet apart. Guide the group to form pairs. Demonstrate how to weave around the chairs (figure-8 or an ocean wave and back). Put a blindfold on one person and their partner will lead them through the obstacle course.

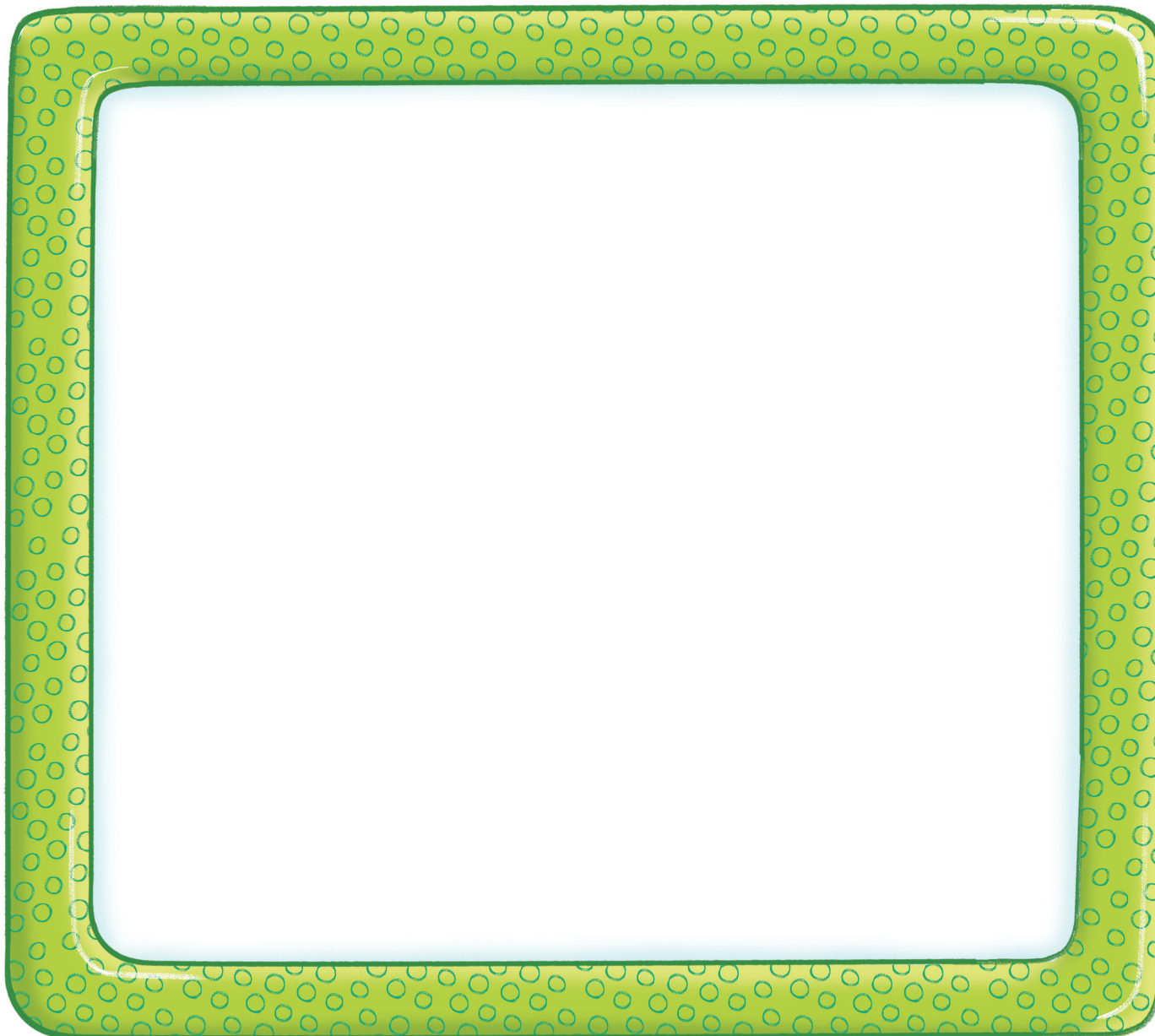
Send pairs one at a time, allowing several feet of distance between them. When a pair finishes, partners may swap roles and go through the course again. To make it harder have the blindfolded person be led backwards through the obstacle course.

Did you have faith in your partner? Did you trust him or her? The Bible tells us about people who lived by faith. How can you tell if someone has faith? We can't just say we have faith in Jesus; we show we have faith by how we live—by obeying and trusting God. Everyone who has faith in Jesus will live with Him forever.

Create a Hero

DOWNLOAD THE
TGP FAMILY APP

INSTRUCTIONS: Draw a picture of a hero. Your hero can be a real person or someone you made up. What makes him or her heroic?



KEY PASSAGE:

2 Corinthians 5:17

BIG PICTURE QUESTION:

- Who changes us? The Holy Spirit changes us to be like Jesus for God's glory.

BIBLE STORY:

HEROES OF FAITH

- Faith is being sure that God will keep His promises.
- The people who lived by faith did not always live to see God's promises, but they trusted Him.
- We live by faith when we trust in Jesus and believe that He is coming again some day.

FAMILY DISCUSSION STARTERS:

- What makes having faith difficult?
- When is having faith in God easy?
- Why is having faith in God worth the hard times?

FAMILY ACTIVITY:

- Use the Big Picture Cards for Families to review past Bible stories. Talk about people who acted in faith or without faith.
- Talk with your kids about people you know that display strong faith in God.

Younger Kids Activity Pages
Unit 33, Session 6