



#### DRAW IT!

What are you afraid of? Draw a picture of it. While you're drawing, ask Jesus to help you not be afraid.



## JOURNAL IT!

Write a letter to Jesus. Tell Him about a "storm" in your life. In other words, tell Him about something bad that happened, then ask Him to keep you from falling into fear.

#### THIS WEEK WE LEARNED

#### JESUS CALMS THE STORM

BIG IDEA: Jesus helps us sail through the "storms" of life without falling into fear.

BIBLE BASIS: Matthew 8:23-27, Mark 4:35-41, Luke 8:22-25

KEY VERSE: "You came near when I called out to you. You said, 'Do not be afraid."

Lamentations 3:57 (NIrV)



### READ IT!

Mark 4:35-41. Draw a picture of the story or write to God about your favorite part of the story. Tell Him why you liked it.

### PRAY IT!

Write a prayer to Jesus. Ask Him to be near you and to keep you from being afraid.

# NEXT WEEK'S LESSON

#### JESUS DRIVES OUT THE EVIL SPIRITS

BIG IDEA: Jesus is more powerful than the devil, so we don't need to be afraid of evil.

BIBLE BASIS: Mark 5:1-20

KEY VERSE: "Even though I walk through the darkest valley, I will fear no evil, for you are with me." Psalm 23:4a (NIV)