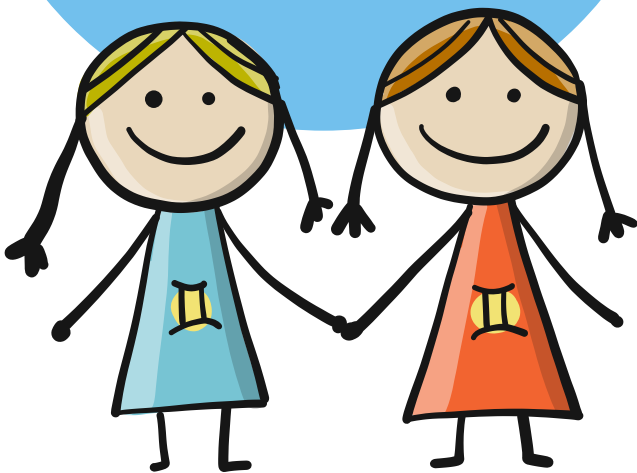




# Mary and Martha Follow Jesus

**BIBLE VERSE:**

"Jesus said,  
'Come follow  
me.'"  
Matthew 4:19



**SCHEDULE**

**Activity**

**Prayer**

**Worship**

**Bible Story**

**Craft**

### ACTIVITY:

Say to your child, "Today we are going to learn about Jesus' two friends, Mary and Martha. Mary chose to stop and listen to Jesus while Martha chose to stay too busy with cooking and cleaning to listen to Jesus." Play a game of "Red Light, Green Light". Substitute "Mary" for Red Light (she stopped and listened to Jesus). Substitute "Martha" for Green Light (she was on the go and too busy to stop). When you say "Martha", your child walks towards you. When you say "Mary", they stop. "Jesus wants us to make the right choices and take time to stop and listen to Him."

For babies, you can play a simple freeze and go game. Motions such as tickling, peekaboo, or crawling. (Ex. Say "Martha" then crawl with your child around the room. Say "Mary" then stop/freeze. You can do this with tickling too. Say "Martha" then tickle. Say "Mary" and freeze. The sillier motions you think of the better!)

### PRAYER:

It is so important that you pray with your baby/toddler.

Pray for your child's salvation.

Demonstrate how to pray, folding your hands, bowing your head. Teaching prayer begins during infancy.

Prayer: "Dear God, we know You want us to learn about You and Jesus. Help us to do that here, at home, and wherever we go. Help us to stop and listen and spend time with you! In Jesus name we pray, Amen."

## WORSHIP:

Sing "I Have Decided to Follow Jesus."  
Click link below to watch and sing along.

→ <https://youtu.be/ffKf4WCtgEA> ←

While singing with your baby/toddler, rock them back and forth and interact with them. Let them learn that singing songs about the Lord is a wonderful sweet way to learn about God and bond with you.



## BIBLE STORY:

Hold up the Bible, "This is the Bible. We love our Bible. It is the Word of God. The Bible is truth." Hug the Bible to your chest. "Let's pat our Bible." Take the baby/toddler's hand and have them pat the Bible. Read the story with enthusiasm to capture their attention.

## Babies and Toddlers:

Hold up the teaching picture attached to this lesson or read the story from a Children's Bible. Story comes from Luke 10.

"Mary, Martha, and their brother Lazarus were friends with Jesus. One day Jesus came over to visit. Mary sat at his feet and listened to him for a long time. Meanwhile, Martha was too busy cooking and cleaning. There was so much to do! The longer Mary listened to Jesus, the madder Martha got. She said, 'I am busy in the kitchen while Mary is doing nothing. Jesus, please tell my sister to help me,' Martha whined. 'Martha, Martha, you should not be upset,' said Jesus. 'Mary has chosen what is better. She is listening to me.'

Martha thought Jesus would be happy with her if she did everything right. She wanted everything to be perfect for Him. But Jesus reminded Martha that He wanted her to rest and spend time with Him like Mary was. God wants us to take time to spend with Him too!"

# TEACHING PICTURE



## CRAFT:

For this craft, talk to your child about the lesson and how God wants us to rest and spend time with Him. We can learn more about Jesus by reading the Bible and talking to Him. Once your child is done with their craft, end in prayer.

