

HOW TO MAKE A “NO SEW” FLEECE BLANKET

STEP 1: Use **TWO 1.3 yard pieces (2.6 yards total)** of **BLIZZARD** or **ANTI-PILL** fleece (found at JoAnn Fabric). No juvenile/kids print.

STEP 2: Please create the blanket in a, animal hair-free environment – **this is very important!**

WHY? Cancer patients can have little to no immune system and can be extra sensitive to perfumes, oils, animal dander and hair, etc.

STEP 3: Cut off the *selvage*.



Selvage is the edge that has writing and fabric info, and it is curled and/or has a distinct, unattractive edge.

The selvage edge curls in toward the “right side.”

STEP 4: With **right sides OUT** - Lay the fabric out flat, line up the edges and smooth out the two fabrics.

- Anti-Pill fabric solids are **FUZZY** on the right side and smooth on the wrong side.
- Anti-Pill prints are more distinct on the right side.
- Blizzard fabric is **FUZZY** on both sides

STEP 5: After cutting off the selvage, trim the two pieces so that they are the same size.

STEP 6: Cut a 4-inch square from each of the four corners.

STEP 7: Cut the fringe.

1. Cut through both layers of fabric at the same time.
2. Fringe pieces should be the width of a ruler.
3. Begin cutting 4 inches from the edge.

Step 6 & 7 Recommendation: Lay a yardstick across the fabric or use painter’s tape to mark 4 inches from the edge so that you know how far in to make your cut.

STEP 8: Tie the knots. Below are two options:



Balloon Knot: Tie them just like you would if tying off a balloon! This knot allows the blanket to lie flat.



“Shoe Lace” Double Knot: You can also tie a knot like you would make with a shoe lace. **These Knots must be tied 2x per fringe!!**

All knots should be **snug** next to the edge of the blanket but **not so tight** that the blanket is pulled into the knot.

STEP 9: Give a gentle tug on each knot, away from the blanket, to make it taut. With each tug, pray for the cancer patient who will receive this blanket.

STEP 10: Trim the fringe edges for an even and clean look.

STEP 11: Write a (legible) note, words of encouragement, a scripture and/or blessing to the cancer patient who will receive this blanket.

RETURN: Return the completed blanket(s) with your personal note to the Missions Wall. Please return the blanket(s) by the end of March, tied in a standard trash bag.

Thank you for being a blessing!

Letter From a Cancer Warrior

Dear Friends,

I would like to Praise The Lord for all He has done and thank you for being "there" for me and so many people like me. As I was praying for another person this week, I was reminded of how GREAT God is and how He provided all I needed during my time of cancer crisis. As you all know there is nothing like getting that diagnosis. The days that followed were filled with uncertainty and yes, fear. It was not long however that I received a call from Julie, and I received a beautiful box in the mail. I remember like it was yesterday it sitting on my porch, delivered by the postman, when I arrived home one afternoon. I remember reading as I was walking up to the porch, "Cottonwood Creek Church Cancer Care". I remember thinking, "help has arrived opened the box to find so much love tucked inside including a beautiful, caring card from Susan and your team. The knowledge gained from inside the box, the love I felt, was like wrapping God's arms, your arms around me. I still had a long way to go to get this behind me, but your prayers gave me the strength to go on, to face what seemed impossible.

Although we do not attend the same church, we are brothers and sisters in Christ and this ministry, you wonderful people carried me through one of the hardest times, if not the hardest time of my life. I want to thank you for praying for me, for standing in the gap for me, for caring for a stranger many, many miles away. We don't know how our walk with Jesus affects others, one day we will, but I know because you follow Jesus, because of your amazing ministry and church, you have had a great affect my life. You shine the light of Jesus from yourselves, from your ministry and from your church into the world. Thank you.

I will take your example and in the best way I can, I will be "there" for others, showing them the love of Jesus and pointing to Him.