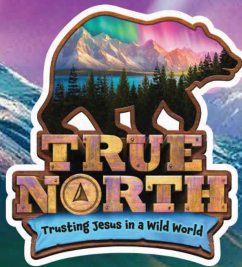


VACATION BIBLE SCHOOL



JUNE 9 - 12 | 9 A.M. - 12 P.M. | FREE

FOR AGES 4 (BY JUNE 9, 2025) THROUGH COMPLETED 5TH GRADE

REGISTRATION IS OPEN FROM JAN. 26 - JUNE 1

Text **VBS** to **77978** for
more info and to volunteer!

VBS BAPTISMS

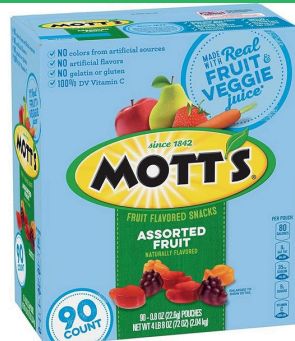
June 12 | 6 P.M. | Worship Center

MONDAY



Ingredients: Enriched flour (wheat flour, niacin, reduced iron, vitamin B₁ [thiamin mononitrate], vitamin B₂ [riboflavin], folic acid), **vegetable oil** (high oleic soybean, soybean, palm, and/or canola oil with TBHQ for freshness), **cheese made with skim milk** (skim milk, whey protein, salt, cheese cultures, enzymes, annatto extract color).

Contains 2% or less of salt, paprika, yeast, paprika extract color, soy lecithin.
CONTAINS WHEAT, MILK AND SOY INGREDIENTS.



nutrition Facts

Amount per container	Amount per pouch (23g)
Calories	80
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Total Carbohydrate 19g	7%
Dietary Fiber 9g	
Total Sugars 9g	18%
Added Sugars	

Protein 0g

Vitamin C 54mg 60%

Not a significant source of dietary fiber, vitamin D, calcium, iron, and potassium.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Corn Syrup, Sugar, Modified Corn Starch, Pear Juice Concentrate, Apple Juice Concentrate, Carrot Juice Concentrate. Contains 2% or less of: Citric Acid, Vitamin C (ascorbic acid), Sodium Citrate, Fruit Pectin, Malic Acid, Sunflower and/or Canola Oil†, Vegetable and Fruit Juice added for Color, Natural Flavor, Carnauba Wax.

† Adds A Trivial Amount Of Fat

TUESDAY

WEDNESDAY

Nutrition Facts	
1 serving per container	
Serving size	1 package
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 15g	6%
Dietary Fiber 1g	5%
Total Sugars less than 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.6mg	2%
Potassium 350mg	6%
Vitamin C	6%
Not a significant source of added sugars.	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



INGREDIENTS: POTATOES, VEGETABLE OIL (CANOLA, CORN, SOYBEAN, AND/OR SUNFLOWER OIL), AND SALT.



THURSDAY



Nutrition Facts	
42 servings per container	
Serving size	1 Pouch (56g)
Amount per serving	
Calories	280
% Daily Value*	
Total Fat 13g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 210mg	9%
Total Carbohydrate 38g	14%
Dietary Fiber 2g	7%
Total Sugars 18g	
Includes 18g Added Sugars	36%
Protein 2g	
Vitamin D 0.1mcg 0%	Calcium 10mg 0%
Iron 2.4mg 10%	Potassium 100mg 2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Enriched flour (wheat flour, niacin, reduced iron, vitamin B₁ [thiamin mononitrate], vitamin B₂ [riboflavin], folic acid), **semisweet chocolate chips** (chocolate, sugar, dextrose, soy lecithin, natural flavor), **sugar, vegetable oil** (soybean, palm and/or palm kernel oil with TBHQ for freshness).

Contains 2% or less of molasses, salt, eggs, baking soda, natural and artificial flavors, whey.

CONTAINS WHEAT, SOY, EGG AND MILK INGREDIENTS. MAY CONTAIN TREE NUTS.

INGREDIENTS & NUTRITIONAL VALUE