

...Building Little Disciples

Daniel and His Friends Obey God

Bring this back next Sunday for a special treat!

BIBLE STORY

Daniel 1:1-16, 19

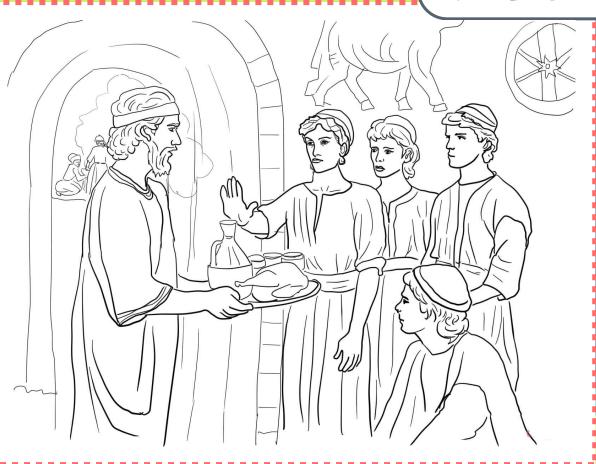
Daniel and three of his friends were among a group of young men taken to the land of Babylon. The king of Babylon told the chief officer to give all of the young men fancy food to eat.

Daniel knew the king's food was not pleasing to God. Daniel asked if he and his friends could eat only vegetables and drink only water instead.

At the end of 10 days, Daniel and his three friends were healthier than the other young men!
Daniel and his friends had obeyed God, and God had helped them.



THE BEST SURPRISE



Color the picture.
Were Jesus' friends surprised to see him alive again?



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HEALTHY CHECKLIST

	Eat Right	Sleep	Exercise	Wash Hands	Brush Teeth
Sunday					
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Saturday					

Mark the things you do each day to stay healthy. Remember the best thing you can do each day is to obey God.



FAMILY FUN

Most of what young children learn about their world is not actually taught, but is caught, through all five senses. In today's Bible lesson, your child learned how Daniel obeyed God through the sense of taste.

Provide a variety of food choices for your child. Encourage your child to describe how something tastes and to savor the different tastes God has given us. Think about ways to make the most of your child's other senses too.

God knew what He was doing when He gave us eyes, ears, noses, mouths, and hands. Use these gifts as one more means of teaching your child the importance of obeying our wise and loving God.

BIBLE READ ALONG.
Sit together with a Bible. Find and read the Bible story from Daniel 1:1-16, 19. Talk about the Bible story. Take turns asking one another questions about the Bible story. Share how we learn to obey God like Daniel and his friend's obeyed God. Pray that God will help members of your family to obey Him.