ROOTED A 40-DAY DEVOTIONAL JOURNEY

WEEK 1: ROOTED IN IDENTITY – WHO DOES GOD SAY YOU ARE?

YOU ARE REDEEMED AND KNOWN

But now, this is what the Lord says—he who created you, Jacob, he who formed you, Israel:

"Do not fear, for I have redeemed you; I have summoned you by name; you are mine. - Isaiah 43:1

Have you ever felt invisible or unworthy? God speaks personally in Isaiah 43:1 to remind us that we are not forgotten. This verse speaks of God's redeeming love for His people. He calls us by name and claims us as His own. Redemption isn't just a transaction—it's a relationship.

God knows your name. He formed you, redeemed you, and walks with you through every fire and flood. You are not defined by failure but by the One Who calls you His.

- What does it mean that God has 'called you by name'?
- Where in your life do you need to rest in your redeemed identity?
- How can you remind yourself daily that you belong to God?

CHRIST LIVES IN ME

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me. - Galatians 2:20

When we surrender to Christ, something radical happens—He doesn't just forgive us; He takes residence in us. Paul emphasizes that our old self has been crucified. Now, the life we live is one of faith in the Son of God, who loves us deeply and gave Himself for us.

This identity shift changes everything. You don't live to earn love—you live because you are loved. Christ in you is your new identity.

- What part of your 'old self' is hardest to let go of?
- How does knowing Christ lives in you empower your decisions today?
- What would it look like to live confidently from this truth?

CHILDREN OF GOD

Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God — children born not of natural descent, nor of human decision or a husband's will, but born of God. - John 1:12-13

In a world that often measures worth by performance or popularity, God's Word tells a different story. These verses remind us that everyone who receives Christ has the right to become a child of God. This is not earned; it is received through belief.

Your value is not determined by what others think or say. You are a beloved child of the Creator of the universe.

- How does knowing you are God's child reshape your self-image?
- What lies try to tell you otherwise?
- Who can you remind today of their value in Christ?

HIDDEN IN CHRIST

"For you died, and your life is now hidden with Christ in God." -Colossians 3:3

Security is a rare thing in an unstable world. Yet God offers a deep, lasting security through Jesus. Paul tells the Church that their life is hidden with Christ in God. This speaks of spiritual safety and eternal union with Jesus.

No matter what shakes around you, your true life is anchored in Christ. That is unshakable hope.

- What does it mean for your life to be 'hidden' in Christ?
- How does this change your view of security and success?
- In what area of your life do you need to trust God more fully today?

LAVISHED IN LOVE

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him. - 1 John 3:1

Love in this world is often conditional—but not so with God. John writes with amazement: 'See what great love the Father has lavished on us.' This isn't a little love—it's overflowing, extravagant love that makes us His children!

You are not barely accepted. You are lavishly loved. Walk today with the confidence that comes from being God's beloved child.

- When do you struggle to believe God's love for you?
- How does this verse combat the lie of unworthiness?
- How can you rest in and emulate this lavish love today?

WEEK 2: ROOTED IN THE WORD – ANCHORING YOUR MIND IN SCRIPTURE

GOD'S WORD IN YOUR HEART

These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. - Deuteronomy 6:6–7

God's Word is meant to be an integral part of everyday life. These verses emphasize the importance, both of focusing on and passing down God's truth, in all settings.

Are you allowing Scripture to shape your habits and conversations?

- How often do you talk about God's Word in daily life?
- What does this passage teach about generational faith?
- How can you model Scripture-centered living to others?

A LAMP FOR YOUR PATH

Your word is a lamp for my feet, a light on my path. - Psalm 119:105

In the dark paths of life, God's Word gives us direction. This verse shows that Scripture is practical—it lights our next step, not just the big picture.

Let the Word guide you today, even when the way forward isn't clear.

- Where are you walking in darkness right now?
- How has Scripture guided you before?
- What verse will you meditate on today?

BUILT ON THE ROCK

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. - Matthew 7:24–25

Storms will come—but what you build your life on will determine your future. Jesus describes a wise person as one who hears His words and acts on them.

Don't just hear the Word—live it. Obedience is what gives your life stability.

- Are you a hearer or a doer of the Word?
- What storm are you facing today?
- How can you strengthen your foundation?

THE JOY OF GOD'S WORDS

When your words came, I ate them; they were my joy and my heart's delight, for I bear your name, Lord God Almighty. - Jeremiah 15:16

God's Word isn't just information—it's nourishment and joy. Jeremiah internalized God's words and found them delightful, even amid hardship.

Feast on God's truth, not the world's noise. It will fill your soul with gladness.

- When have you experienced joy through Scripture?
- What distracts you from delighting in God's Word?
- What steps will you take to feed more consistently on the Word?

LET THE WORD DWELL RICHLY

Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. - Colossians 3:16

God's Word isn't meant to visit occasionally—it should move in permanently. This verse urges us to fill our minds, relationships, and worship with Scripture.

When the Word lives in you, it will shape your words, actions, and community.

- What fills your mind the most right now?
- How does Scripture shape your relationships?
- How can you let God's Word 'dwell richly' this week?

WEEK 3: ROOTED IN REST – TRUSTING GOD WITH YOUR BODY AND SOUL

GOD ALSO RESTED

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done. - Genesis 2:2–3

Rest is not laziness—it's holiness. Even God modeled it at creation. On the seventh day, God ceased from His work and blessed that day. Rest is part of God's rhythm and a gift for us.

Don't just work hard—rest well. Honor God by honoring your body and soul with rest.

- Do you view rest as obedience or indulgence?
- How can you make space for Sabbath in your week?
- What does restful worship look like for you?

MY SOUL FINDS REST IN GOD ALONE

Truly my soul finds rest in God; my salvation comes from him. - Psalm 62:1

When stress mounts and answers feel out of reach, God invites us into rest. David declares that only in God does his soul find rest. Not in circumstances, people, or success—only God.

Stop chasing peace in all the wrong places. Let your soul breathe in God's presence today.

- What are you turning to for rest besides God?
- How do you quiet your soul before Him?
- What truth about God can anchor you today?

ENTER GOD'S REST

There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his. - Hebrews 4:9–10

There remains a rest for God's people—not just on Sunday, but daily surrender. The writer of Hebrews calls us to cease striving and trust fully in the finished work of Christ.

Rest isn't passivity—it's faith in action. Let your heart rest in God's sufficiency today.

- What are you striving to control that God wants to carry?
- How can you enter spiritual rest even in busyness?
- How does Christ's finished work bring peace to your soul?

QUIETNESS AND TRUST

This is what the Sovereign Lord, the Holy One of Israel, says: "In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it."
- Isaiah 30:15

Strength doesn't always look like doing more—sometimes it's in the stillness. God tells His people that their salvation is found in repentance and rest. Their strength is in quiet trust—but they resisted it.

Will you trust God enough to be still? Or will you run ahead, missing His peace?

- Where do you need to slow down and listen?
- Why do you think rest can feel like weakness?
- What steps of trust do you need to take today?

THE GIFT OF SABBATH

Then he said to them, "The Sabbath was made for man, not man for the Sabbath."

- Mark 2:27

The Sabbath was never meant to be a burden—it's a gift to refresh your soul. Jesus reminds us that Sabbath was made for man, not the other way around. God cares about our renewal.

Don't miss the beauty of the pause. Sabbath is God's invitation to delight, worship, and reset.

- How have you misunderstood the purpose of Sabbath?
- What does an ideal day of Sabbath look like for you?
- How can you lead others toward rhythms of rest?

WEEK 4: ROOTED IN COVENANT – BUILDING CHRISTLIKE RELATIONSHIPS

A FRIEND WHO STICKS CLOSER THAN A BROTHER

A friend loves at all times, and a brother is born for a time of adversity. - Proverbs 17:17

In a world of flaky connections, God calls us to covenant loyalty in our relationships. A true friend is present not just in celebration but in adversity. Covenant love endures through hardship.

Seek out faithful friendship. Be the kind of person who stays when others walk away.

- Who has been a covenant friend in your life?
- How can you show up for someone today?
- What is one way to build lasting spiritual friendships?

STRENGTH IN NUMBERS

Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. - Ecclesiastes 4:9–10

We were never meant to do life alone. God's design is partnership. When one falls, the other helps. Two are better than one. This passage reminds us of the strength in unity.

Don't isolate—initiate. Invite others into your journey and be ready to lift them too.

- Are you walking alone right now?
- Who can you lean on for spiritual support?
- How can you be a source of strength for someone else this week?

PUTTING OTHERS FIRST

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. - Philippians 2:3–4

Covenant love is not self-seeking—it looks to the needs of others first. Paul teaches us to model Christ's humility: valuing others above ourselves, looking to their interests.

Covenant relationships thrive on humility. Serve, listen, and uplift others today.

- Where do you struggle with selfishness in relationships?
- How did Jesus model selfless love?
- What would it look like to consider someone else's needs above your own today?

ENCOURAGE ONE ANOTHER DAILY

Therefore encourage one another and build each other up, just as in fact you are doing.

- 1 Thessalonians 5:11

We all need encouragement. Sometimes a single word can spark hope. Paul calls believers to encourage and build one another up—a daily practice, not just an occasional act.

Be someone who breathes life into others. Use your words to lift hearts today.

- When was the last time someone encouraged you deeply?
- Who in your life needs encouragement right now?
- What will you say or write today to lift someone's spirits?

DEVOTED IN LOVE

Be devoted to one another in love. Honor one another above yourselves. - Romans 12:10

Godly love is more than affection—it's devotion, honor, and consistency. Paul commands believers to be devoted in brotherly love and to outdo one another in showing honor.

Honor others not just when it's easy—but in small, faithful ways every day.

- How do you define 'honoring' someone in a relationship?
- What relationships in your life could benefit from deeper devotion?
- What's one act of honor you can do today in a key relationship?

WEEK 5: ROOTED IN COMMUNITY – EXPERIENCE CHRIST'S TRANSFORMATIVE POWER

ONE BODY, MANY PARTS

Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. Even so the body is not made up of one part but of many. - 1 Corinthians 12:12–14

Community is not about uniformity—it's about unity in diversity. Paul compares the Church to a human body, where each part is needed and valuable. No one is insignificant in God's design.

Embrace your role in the body of Christ. You belong and are needed in the church community.

- What part of the body might represent your role?
- Do you feel disconnected or fully engaged in Christian community?
- How can you encourage someone else's role in the body this week?

DON'T NEGLECT GATHERING

And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. - Hebrews 10:24–25

Isolation kills spiritual momentum. God calls us to gather for encouragement and strength. Meeting together isn't a religious routine—it's a means of staying stirred up in faith and love.

Prioritize spiritual community. Someone needs your encouragement, and you need theirs too.

- What keeps you from gathering with other believers consistently?
- How can you stir up love and good deeds in others?
- Who needs your presence more than your perfection this week?

CARRY ONE ANOTHER'S BURDENS

Carry each other's burdens, and in this way you will fulfill the law of Christ. - Galatians 6:2

We all have burdens—and we're called to help shoulder each other's loads. Carrying burdens fulfills the law of Christ, which is to love one another sacrificially.

Don't just notice the burdens—help carry them. Love becomes real in action.

- Whose burden can you help carry this week?
- What burden are you carrying that others could help with—if you let them?
- How can your group become a safe place for healing?

THEY HAD EVERYTHING IN COMMON

All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had. - Acts 4:32

The early church was marked by radical generosity and unity—not just in spirit, but in practice. This passage describes a group so bonded by Christ that personal possessions were seen as community property for the sake of love.

When we loosen our grip on stuff, we tighten our hold on each other. Let's live generously.

- What would radical community look like in your context?
- Where is God calling you to share more freely?
- How can you grow in openness and availability with others?

LOVE, SERVE, AND SHARE YOUR GIFTS

Above all, love each other deeply, because love covers over a multitude of sins. Offer hospitality to one another without grumbling. Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms.

- 1 Peter 4:8-10

Gospel community is built on love, service, and stewardship of spiritual gifts. Peter exhorts believers to love deeply, show hospitality, and serve others with their God-given abilities.

You don't have to do everything—but do something. Use your gift to serve today.

- What gifts has God given you for building others up?
- How can you practice hospitality this week?
- Who might be blessed by your love or service today?

WEEK 6: ROOTED IN CALLING – LIVING FOR MORE THAN A PAYCHECK

WORK AS WORSHIP

Whatever you do, work at it with all your heart,as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. - Colossians 3:23–24

Your job is not just about a paycheck—it's a platform for worship. Paul teaches that whatever we do should be done with our whole heart, as working for the Lord, not people.

See your workplace as holy ground. Offer your effort to God today as worship.

- Do you see your work as sacred or secular?
- What would change if you worked as unto the Lord?
- How can you bring excellence and joy into your tasks this week?

FAITHFUL IN THE LITTLE THINGS

"Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much. - Luke 16:10

God sees what others overlook—and He rewards faithfulness, not just fame. Jesus reminds us that the way we handle small things reveals whether we can be trusted with more.

Your calling often starts small. Be faithful in the hidden places and trust God for the increase.

- What 'small thing' has God asked you to steward well?
- How are you tempted to chase recognition over faithfulness?
- What's one overlooked task you can embrace with purpose today?

BLOOM WHERE YOU'RE PLANTED

Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper." - Jeremiah 29:7

Even in exile, God calls His people to seek the peace and prosperity of the city they're in. This verse teaches us that calling isn't about ideal conditions—it's about faithful presence wherever God has placed you.

Don't wait for the perfect season. Be a blessing where you are right now.

- Where has God planted you in this season?
- How can you bless your workplace, neighborhood, or church?
- What would it mean to 'seek the peace' of your city today?

EQUIPPED FOR EVERY GOOD WORK

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work. - 2 Timothy 3:16–17

God's Word doesn't just teach us—it equips us to live out our calling. Paul tells Timothy that Scripture prepares us for the work God has assigned us. Your calling is connected to your time in the Word.

Let God's Word shape your work ethic, decisions, and direction. Stay equipped and ready.

- What good work has God called you to in this season?
- How can you use Scripture to prepare and guide you?
- What does it mean to be 'equipped' spiritually and practically?

CREATED FOR GOOD WORKS

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. - Ephesians 2:10

You weren't just saved from something—you were saved for something. Paul declares that we are God's workmanship, created in Christ for good works prepared in advance for us to do.

You have a purpose that predates your resume. Walk confidently in the work God has uniquely assigned to you.

- What lies have made you question your purpose?
- How does it feel to know God prepared good works just for you?
- What's your next faithful step toward living out your calling?

WEEK 7: ROOTED IN SIMPLICITY – CHOOSING CONTENTMENT OVER CONSUMPTION

SEEK FIRST THE KINGDOM

But seek first his kingdom and his righteousness, and all these things will be given to you as well. - Matthew 6:33

The more we seek things, the more anxious we become. But when we seek God's Kingdom first, everything else finds its place. Jesus teaches that when we prioritize God's reign and righteousness, we are free from worry and excessive striving.

Live a life of gospel simplicity by fixing your eyes on what matters most: Christ's Kingdom.

- What competes with God's Kingdom for first place in your life?
- How can you simplify your focus this week?
- What would change if you trusted God to meet your needs?

BE CONTENT WITH WHAT YOU HAVE

Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you." So we say with confidence, "The Lord is my helper; I will not be afraid. What can mere mortals do to me?" - Hebrews 13:5–6

Our culture feeds discontent—but God offers us peace through His presence, not our possessions. God promises never to leave or forsake us. That assurance becomes our source of confidence and contentment.

Let God's presence quiet your cravings. Practice gratitude as a weapon against greed.

- Where do you feel the pull of discontent right now?
- What truths from this verse bring peace to your heart?
- What's one way you can cultivate contentment today?

GIVE ME NEITHER POVERTY NOR RICHES

Keep falsehood and lies far from me; give me neither poverty nor riches, but give me only my daily bread. Otherwise, I may have too much and disown you and say, 'Who is the Lord?' Or I may become poor and steal, and so dishonor the name of my God.
- Proverbs 30:8–9

A wise prayer is not for more, but for just enough. Too much or too little can both become spiritual traps. Agur's prayer reveals the dangers of excess and scarcity Contentment lies in trusting God's provision day by day.

Pray not just for provision—but for balance, wisdom, and dependence on God.

- Do you tend to fear scarcity or idolize abundance?
- What would it mean to pray for 'just enough' in your season?
- How can this prayer shape your financial habits and decisions?

DO NOT WORRY ABOUT TOMORROW

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. - Matthew 6:34

Most of our stress lives in a future that hasn't happened. Jesus calls us back to today. Each day has its own troubles—and its own grace. Living one day at a time is an act of spiritual simplicity.

Let go of the 'what ifs.' Trust God for today's needs, and rest in His care for tomorrow.

- What future worries steal your peace most often?
- How does focusing on today shift your mindset?
- What do you need to release to God's care this week?

I CAN DO ALL THINGS THROUGH CHRIST

I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength. - Philippians 4:11–13

Paul found the secret to contentment—and it had nothing to do with his circumstances. Whether in plenty or in need, Paul's strength came from Christ, not from possessions or position.

True simplicity flows from confidence in Christ. He is enough—so you can be content in every season.

- What does contentment look like for you in this season?
- How does Christ strengthen you in both highs and lows?
- Where do you need to declare today, 'Christ is enough'?

WEEK 8: ROOTED IN MISSION – FULFILLING GOD'S PURPOSE FOR YOUR LIFE

ALWAYS BE READY TO SHARE

But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect, - 1 Peter 3:15

The mission starts with readiness—being prepared to give a reason for the hope we have. Peter urges believers to defend their faith with gentleness and respect. Mission isn't about winning arguments—it's about pointing to Jesus.

Ask God to open doors today for meaningful conversations. Be bold, be kind, be real.

- What keeps you from sharing your faith more often?
- How can you prepare to give a gentle answer?
- Who is one person you could start praying for today?

SEE THE HARVEST

Then he said to his disciples, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field." - Matthew 9:37–38

Jesus saw the crowds with deep compassion—recognizing their spiritual hunger and brokenness. Then He turned to His followers and said, "The harvest is plentiful, but the workers are few".

The need is great—people are hungry for hope, truth, and the love of Christ—but there aren't enough willing to go. Jesus calls us not only to see the need but to respond by praying for more workers and being willing to be sent ourselves. Pray with open eyes. Ask God to make you part of the answer to your own prayer for workers.

- Where do you see spiritual need around you?
- Are you willing to be an answer to your own prayers?
- What 'field' is God calling you into this week?

NOT ASHAMED OF THE GOSPEL

For I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes: first to the Jew, then to the Gentile. - Romans 1:16

The Gospel is not just good advice—it's power for salvation. And it's worth proclaiming boldly. Paul's confidence in the Gospel comes from its power—not his presentation. That same power works in us today.

You don't have to be perfect to be faithful. Share boldly and trust the Spirit to work.

- What makes you hesitant to share the Gospel sometimes?
- How can you grow in boldness and clarity?
- Who needs to hear the good news from you this week?

DEVOTED TO PRAYER AND OUTREACH

Devote yourselves to prayer, being watchful and thankful. And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I should. Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

- Colossians 4:2-6

Paul links our private devotion to our public mission. Prayer opens doors for witness. We're to pray with alertness, walk wisely, and speak graciously. Mission is lived out in everyday conversations.

Pray for opportunities. Live with purpose. Speak with grace. Your daily walk is your loudest sermon.

- What does your prayer life reveal about your mission focus?
- How can you walk wisely before outsiders today?
- Who is watching your life more closely than you think?

AMBASSADORS FOR CHRIST

We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. - 2 Corinthians 5:20

You are not just a follower of Jesus—you are His representative in the world. We are Christ's ambassadors, making His appeal through our lives. Our mission is reconciliation.

You carry the message of hope wherever you go. Represent Him well—with truth, love, and boldness.

- What does it mean to be an ambassador for Christ?
- Where are you currently 'sent' by God—in work, family, or community?
- What is one way you can represent Christ well today?